

substance use and mental health awareness education



WORKSHOPS | PDP'S | ASSEMBLIES | CLASSES | CONFERENCES | VIRTUAL PRESENTATIONS & WEBINARS

As a parent/educator/coach for the last 40 years, Jim Marshall has impacted more lives than he can count. The last ten years he has traveled all over Missouri and out of state to speak to parents, students, employees of corporations about substance

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use issues with our youth, the effect of trauma on our youth, coping skills, and the loss of his son and three other athletes of his. His presentations not only include up-to-date data by the CDC, SAMHSA, the surgeon general, and current studies, but it also includes heartbreaking stories of personal testimony of his son, former athletes and young people who have shared their stories at his talks. Jim believes we do

not have enough of this dialogue at home or in the schools, enough to help prevent poor choices. Part of it is time, part of it is stigma, part is no one feels brave enough to talk. Jim is not just an educator. He is a motivational speaker to our youth on how to deal with trauma and live a good life.



did you know?

- 30 percent of our teens suffer from depression before they graduate from high school.
- Suicide and substance use has increased the last ten years from ages 10-18.
- A person, primarily ages 18-25, dies from an overdose every 8 minutes.
- One out of five 18-25 year olds take a prescription pill not prescribed to them.
- One out of three families have a family member suffering from a substance use disorder. And as we all know when one suffers, the whole family is affected.
- 6 million families are now called grand families because of the opioid epidemic. This means grandparents are raising grandchildren due to the substance disorders of the parents.

the goals of presentations:

- Raise the level of knowledge on mental health issues and destigmatize these areas.
- To empower students to open up and talk about their issues. Currently one in ten with a mental health issue, or substance use ever ask for help. This bleeds into self-harm coping skills.
- To stimulate dialogue between parents and kids, teachers/counselors and students.
- To help students understand the disease of addiction and recovery. If a student does not use before the age of 18, there is a 90 percent chance they never develop a substance use disorder.

Prevention, recovery and raising knowledge levels, so that better choices can be made!

For more info or to schedule an event :

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Cody's Gift

